

## **Carmel School Leads the Way with Inspiring Educator Enrichment Series**

In a remarkable move to nurture and enrich its faculty, Carmel School, Mangalore, hosted a **Three-Day Training Programme for Educators** on May 23rd, 26th, and 27th, 2025, in the School Auditorium. The sessions were part of a four-fold workshop series designed to boost professional development, emotional wellness, digital awareness, and value-based education through creative tools. The event began with a warm welcome for **Sr. Roseveera**, the newly appointed Principal, along with the newly joined faculty members.

Each day began on a reflective note with a prayer and a formal introduction of the day's expert speaker. The **first session introduced the world of Artificial Intelligence (AI)**, led by **Rev. Fr. Anil Fernandes** and **Mr. Leo Victor**. Teachers were guided through AI fundamentals, including how AI learns, makes predictions, and performs tasks. The trainers also explained key tools and websites like Magic School, Gamma, and Leonardo AI, giving teachers the chance to explore them through hands-on activities on their laptops. From generating songs and creating videos to designing presentations and digital artwork, the experience opened up new creative pathways for classroom engagement.

On the second day, **Dr. Sr. Severine Menezes**, Director of the Counselling Centre in Mulki, conducted an insightful session on **mental wellness and the role of counselling in education**. She emphasized the importance of being more than just educators—urging teachers to become **compassionate guides and parental figures** to their students, as envisioned in the **Divine Project**. The session brought to light the essential qualities of a good counsellor, including **empathy, active listening, confidentiality, and a non-judgmental attitude**. Sr. Severine also discussed counselling ethics, respect for individual differences, and the need to keep God at the centre of one's vocation. She further introduced participants to a **variety of practical therapies and exercises** that promote **health, inner balance, and**

**happiness**, encouraging educators to take care of their emotional and physical well-being so they can be strong pillars for their students.

The **third workshop explored the world of Cyber Safety**, facilitated by **Mr. Chirag Suvarna**, a dynamic cybersecurity expert from Cyber Sapiens. He opened with a powerful reflection on how technology influences behaviour and thinking. Teachers were then drawn into the tactics of cybercriminals, particularly how they manipulate human emotions to gain access to sensitive information. Using real-world examples, he explained the importance of safeguarding digital footprints and offered practical advice such as using strong passwords, enabling two-factor authentication, and protecting student data.

The **final day featured a session on School Cinema**, led by **Ms. Hansa**. She introduced this creative life-skills programme that uses short films and storytelling to nurture emotional intelligence and personal growth in students. The session emphasized how film can be a powerful teaching tool, encouraging qualities like self-awareness, communication, and collaboration. Ms. Hansa also shared details about age-wise modules, digital activities, and workbooks that engage students, parents, and teachers in shared learning.

All the sessions were interwoven with inspiring anecdotes, videos, quotes, and thoughtful questions that sparked meaningful reflection and conversation. Carmel School's initiative showcased its deep commitment to **professional renewal and holistic growth**, preparing educators not just for the classroom, but for the hearts and minds they shape daily. The training series truly left a lasting impression, setting a positive tone for the academic year ahead.